



Art, Music, P.E. & Religion  
**Junior Infants**  
**5<sup>th</sup>-8<sup>th</sup> May 2020**

# Just to note...

Dear Parents and Guardians,

Well done on all your hard work last week! We loved seeing all the pictures of your hard work on the website so keep sending them in and keep up the great work! We would like to stress again that there is no pressure to complete all these tasks they are simply just ideas you might like. Art can be completed using whatever materials you have available to you at home; don't worry if you don't have all the resources listed here at home. We hope you are all keeping safe and well at home. All the Junior Infant teachers are missing you all lots and are really looking to being back at school soon.

All the best,

Ms. Reilly, Ms. Fitzpatrick, Ms. Walsh and Ms. O' Leary. 😊

**\*P.S. It's Active Home Week this week so watch out for lots of challenges and activities on the school website and PowerPoints! Enjoy and keep active 😊**



# Visual Art: Dried Flowers



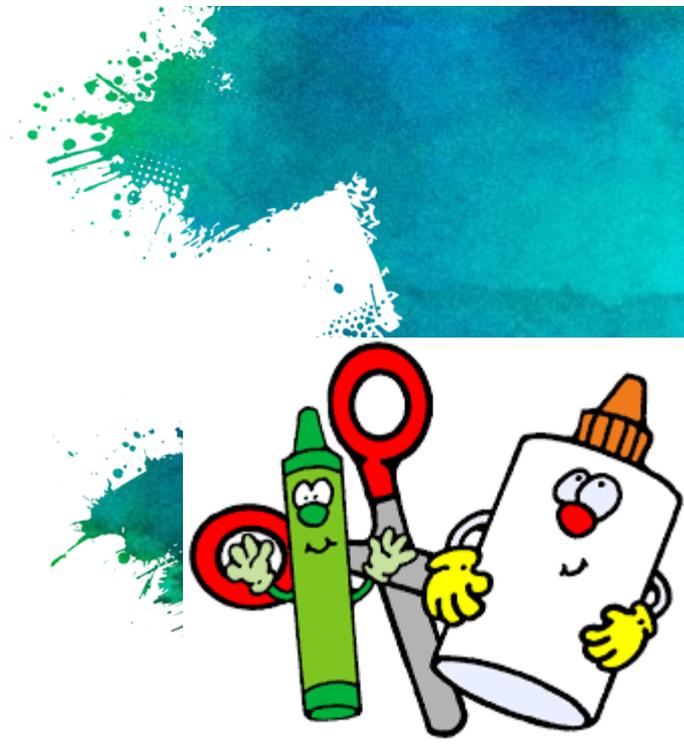
- ❖ This week for art we are going to use real flowers that have been dried to make a pretty picture.
- ❖ Follow the link below to see how to dry or press flowers on the Red Ted Art website...

<https://www.redtedart.com/how-to-press-flowers/?cn-reloaded=1>



# Materials Needed:

- Books (big, heavy ones work best)
- Flowers, petals, leaves, weeds
- Paper/newspaper
- Glue
- White or coloured paper (optional)
- Tape (optional)
- Sticky contact paper/plastic (optional)



# Step 1: Off on a nature walk we go...

- Ms. Fitzpatrick has been busy this week picking flowers, petals and leaves to make her own dried flower picture... (ssshhh don't tell her mum!!!)
- It is important to ask permission if you are using flowers from someone's garden but there are plenty of flowers, leaves and weeds to gather on a walk around your estate, park, or garden (within safe distancing and 2km of your house of course).



# Step 2: Drying the flowers you have gathered



- Place one of the flowers or some of the leaves (depending on the size of the book you are using) inside a page of a book. If you don't want to mark the book place the flowers in some newspaper or other spare paper you have at home.
- You may need to use a few books depending on how many flowers you pick for your picture.
- Once you have placed the flowers inside the books to dry, it works best to place some heavier books or box (anything you can think of) on top of each book you have used.



# Step 3: Time to press/dry...

- × It is best to leave your flowers drying inside the books for a few days and can left for a few weeks if you would like to keep the art project going for a while.
- × Once you are happy with how your flowers are looking, take them out of the books.
- × Now you can choose what kind of a picture you would like to make with your dried flowers.



# Option 1: Suncatcher



THIS IS JUST STICKY CONTACT PAPER (THAT YOU USE FOR COVERING SCHOOL BOOKS) TAPED TO A WINDOW OR GLASS DOOR, STICKY SIDE

THEN SEARCHING THE GARDEN FOR LEAVES AND FLOWERS AND PRESSING THEM ON! YOU END UP WITH A REALLY COOL 'PICTURE' FRAME THAT YOU CAN LOOK AT FROM BOTH SIDES

Dried Pressed Flowers Suncatcher

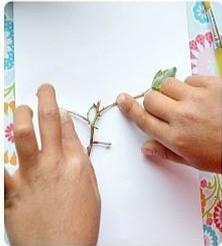
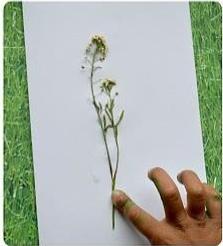


- If you have sticky contact paper (used for covering books/copies) or plastic of some sort that you can stick to the window with sticky tape, then you can make your own dried flower suncatcher.
- It is a nice idea to stick on a window or door with glass as you can see it from both sides.

Pressed Flower Suncatcher



# Option 2: Get creative!



Design your own picture using your flowers using glue.



Make the letter you name begins with make your full name if possible!



Place your flowers and leaves wherever you chose!



Make a card for a family member, friend or frontline worker.

# Option 3: Frame it!

- We may not have an actual frame to put our dried flowers in but that doesn't mean we can't make a frame for our picture!
- Or you can use markers, crayons, pencils to colour/decorate your own frame on a piece of paper



- Use any type of pasta you have at home and glue it around the page you have stuck your flowers to. You can paint or dye the pasta if you are feeling very adventurous!!!

# Send us your finished creations...



We would love to see the children's hard work so if you would like your child's work displayed on our website please send it to Gaye, our HSC L Teacher on WhatsApp: 087 7443779 or Email: [hsc1@shkillinarden.ie](mailto:hsc1@shkillinarden.ie)



# Music

For music this week we are going to listen to two of our favourite action songs ...

- ✓ Freeze Dance/Freeze Song  
<https://www.youtube.com/watch?v=2UcZWXvgMZE>
- ✓ Action Song for Kids by The Singing Walrus  
<https://www.youtube.com/watch?v=dUXk8Nc5qQ8>
- ✓ Put on your favourite song for doing your Active Home Week challenges and activities!



# P.E. & Active Home Week

- ❑ Start your day with a P.E. class with Joe Wicks

[https://www.youtube.com/playlist?list=PLyCLOpd4VxBtWi7RnRLz6qHgOqWiB\\_LrH](https://www.youtube.com/playlist?list=PLyCLOpd4VxBtWi7RnRLz6qHgOqWiB_LrH)

- ❑ Cosmic Kids Yoga

<https://www.youtube.com/watch?v=fnO-IGEMOXk>

- ❑ Just Dance Kids

<https://www.youtube.com/watch?v=IxF0iayJR-s>



# Go Noodle



- Go Noodle Fresh Fitness

<https://app.gonoodle.com/channels/fresh-start-fitness>

- Go Noodle Zumba Kids

<https://app.gonoodle.com/channels/zumba-kids>





# Active HOME Week Daily P.E challenge...

Throw and catch a ball against the wall	Jump on your trampoline
Cycle your bike for 10minutes	Walk your dog
Go for a walk	Bubble bashing-get someone to blow bubbles for you and try and burst them
Ride your scooter for 10 minutes	Do 3 laps of your house/garden or up and down your hall 10 times
Draw your own hopscotch with chalk	Skip sideways up and down the garden/street 5 times
Run for 5 minutes	10 minutes of free play outside



# Religion

Our religious education programme Grow in Love is available for free online at <https://www.growinlove.ie/en/> .

You can login using the following;

- × email: [trial@growinlove.ie](mailto:trial@growinlove.ie)
- × password: growinlove.

Theme 7: The Church

Lesson 1: Places to Pray



# Well done you have completed all your work!

