

# Second Class SESE

(History, Geography & Science)

**SHPE** (Social, personal, health education)

**May 25<sup>th</sup> – May 29<sup>th</sup>**

**You will need: A copybook/paper, pencil, colours, ruler.**

**Ms. N. Fox, Ms. Troy and Ms. C. Fox**

HELLO   
everyone!

**Don't forget:**

**If you would like any of your child's work displayed on the school website , please send it to Ms. Healy, our HSCL: Whatsapp 0877443779 or by email [hscl@shkillinarden.ie](mailto:hscl@shkillinarden.ie)**

**➤ Here is the next week of work; take your time and do your best!**

# A quick message from Ms. Fox

Hi everyone 😊 I hope you are all well and keeping safe!

- I hope you enjoyed your special communion package we sent to you all. I know it wasn't the same as your big day but hopefully it put a smile on your face 😊
- I have been doing a lot of reading; I have read five books since we finished school!
- I am still doing lots of painting; this week I am painting my hallway!
- Please keep sending in photos for the website, they make my week 😊

Ms. C. Fox



# History – Grainne Mhaol

**This week we will be learning about Grainne Mhaol!**



**Have you ever heard of her?**

# Gráinne Mhaol

Long ago lived a young girl called Gráinne Ní Mháile (Grace O'Malley). She had long black hair.



Gráinne lived on Clare Island, just off the West Coast of County Mayo. Her father was a rich chieftain and a sailor.



# Gráinne Mhaol

Gráinne loved to watch the galleys. She noticed the men rowing hard and the wind catching the big triangular sails.



She asked her father “Please father, I am old enough now. Let me sail when you go to Spain!”

Her father said “No Gráinne, it’s bad luck to have women on board. Your long hair would get caught in the ropes”.



## Hot History

An Irish galley was a wooden boat with oars and a triangular sail. The O'Malley galleys brought salted fish and animal skins to Spain and Portugal. The animal skins were used to make leather. The galleys brought copper, wine and figs back to Ireland.

# Gráinne Mhaol

Gráinne raced up the hill to her favourite spot, high up, looking out to the sea. She felt the breeze on her face and made a plan.



The next morning, Gráinne arrived just as her father was about to sail to Spain. She was dressed in a tunic and warm trousers, like a boy!

Her father gasped, but not at the boy's clothes. Gráinne had cut off her long hair and short tufts stuck out on all sides of her head!



“Now father, you must let me come with you!” Gráinne said. Her father laughed and then agreed. “Yes you can come with me, Gráinne Mhaol!”. Maol is the Irish word for bald!

# Gráinne Mhaol

Gráinne got her wish to sail on the galley, in fact, she sailed on many voyages with her father and then took over the fleet when he died.



# Gráinne Mhaol – Write these questions and answers into your copy.

**Write the correct word for each sentence:**

1. Gráinne lived in Co. Mayo in the \_\_\_\_\_ of Ireland. (west, east)
2. A galley was a type of wooden \_\_\_\_\_. (sail, ship, sea, salt)
3. A galley has oars and a triangular \_\_\_\_\_. (ship, sail, sea)
4. The galleys took salted \_\_\_\_\_ to Spain and Portugal. (figs, fish)
5. The galleys brought \_\_\_\_\_ back to Ireland. (skins, copper)
6. Maol is the Irish word for \_\_\_\_\_. (hair, bald, tunic, boy)
7. Gráinne took over her father's \_\_\_\_\_ when he died. (field, fleet)

# Geography – My Home

This week we will be wrapping up on our lessons about houses and homes!

- We have looked at what houses are made out of and different houses around the world.

➤ Now we will talk about our own homes 😊



# Geography



In the next slide you will see a worksheet called “All about my home”.

Using that sheet as a guide, answer the questions and draw a picture in your copy!



# Geography:

## **All About My Home**

Draw a picture of your home.



What type of home is it? \_\_\_\_\_

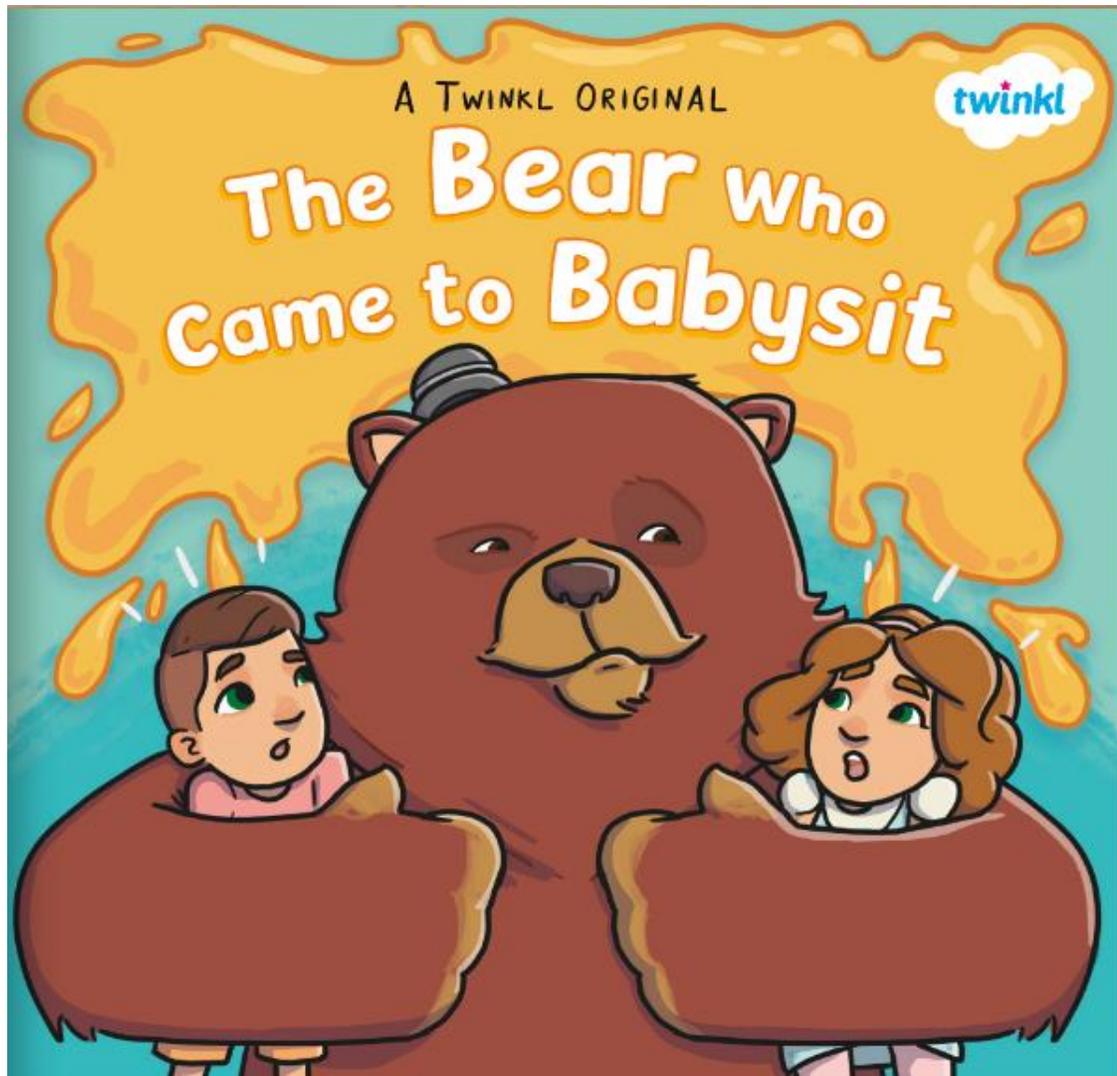
How many rooms are there? \_\_\_\_\_

Who lives in your home? \_\_\_\_\_

What do you like about your home? \_\_\_\_\_

\_\_\_\_\_

# Geography – Story Time!



- <https://www.youtube.com/watch?v=wZ7qSpVWUS8>

## Use this link to listen to the story!

Talk to your grown ups about what you think of the story:

- Did you like it?
- What was your favourite part?
- Would you like to have a bear as a babysitter?

# Science: Animal Homes

**This week we will be looking at more animal homes 😊**



# Animal Homes



What is a habitat?

A habitat is an animals natural home / place to live in.

- A clownfish's natural habitat is in coral.
- A camels natural habitat is in the desert.
- A grizzly bears natural habitat is in the mountains.
- A polar bears natural habitat is in the snowy arctic.



# Animal Homes



# Animal Homes: Foxes

**For this lesson we will be looking at foxes and their habitats!**

**Here are some facts:**

- They can run up to 30 miles an hour.
- Foxes are nocturnal, which means that they're usually up at night, when you're asleep.
- They eat just about anything: mice, rabbits, squirrels, birds, bugs and lizards. If they live near people, they might eat dog food or fruits and berries from your garden!
- A male fox is called a "Dog" Females are "Vixens" and babies are "Cubs" or "Pups".
- Foxes live in dens in the ground or old trees..
- Foxes have long, bushy tails and narrow faces.
- Foxes have large, triangular ears. These ears help them hear rodents scurrying about. Foxes have amazing hearing.



# Animal Homes: Foxes

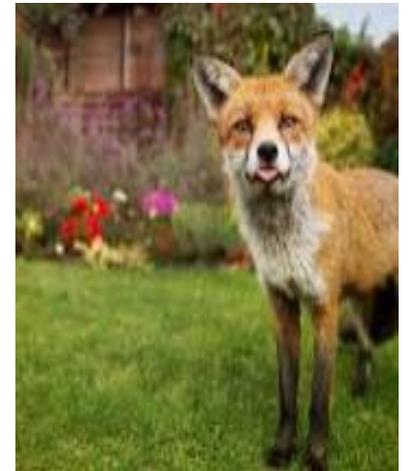
Watch these video's!

***Fox Facts:***

[https://www.youtube.com/watch?v=4\\_zEiHhvgFO](https://www.youtube.com/watch?v=4_zEiHhvgFO)

***Fox Dives Head First Into The Snow:***

<https://youtu.be/D2SoGHFM18I>



den

earth

burrow

trample

moss

bushy

hollow

drain

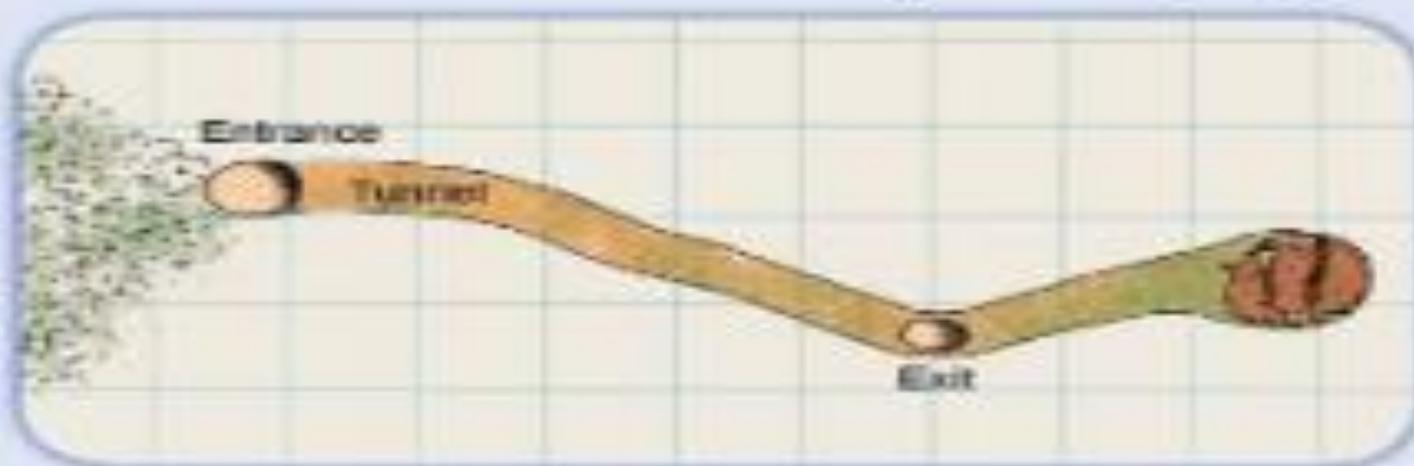
When a male and a female fox are going to have cubs, they move into a den called an earth. Their earth is often just an old rabbit burrow or badger sett. Sometimes foxes dig their own very simple earth.



The plan below shows what a fox's earth looks like.

There is one main entrance about one metre wide, and one small exit.

The foxes line the earth with grass, moss and dry leaves. Foxes are messy animals, but in spring, when the cubs are born, they clear out a lot of soil from the den. When the cubs are big enough to go outside, they trample on the soil and have a soft place to play.



When the foxes are not having cubs, they usually live under a shed, in the hollow of a tree or in a large drain. Sometimes they just sleep in a field with long grass. The fox wraps its bushy tail round its nose to keep itself warm.

# A Foxes Home



**Read the passage on the previous slide and answer these questions in your copy:**

- 1. What is the name of a Foxes home?**
- 2. When cubs are born, what is their home then called?**
- 3. Where do foxes live when they don't have any cubs yet?**
- 4. What do the foxes line their earth with?**
- 5. How do foxes keep themselves warm?**

# SPHE – Look after yourself!



Here are some ideas you might like to do/ use during this time to keep your mind and body healthy 😊



healthy  
body

+



healthy  
mind

=



happy  
life

# Art Hub - Fox art



*Relax your mind and learn how to draw this cool cartoon style fox with Art Hub 😊*

<https://www.youtube.com/watch?v=YQA38wrB8l8>



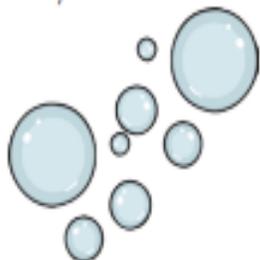
# Try Out These Brain Breaks



## Brain Break Breathing

### Bubble Breaths

Breathe in deeply and form a bubble in your mouth. Your cheeks should be puffed out. Blow your bubble out of your mouth and push it away from you by blowing out hard and strong. Do this slowly and picture your bubble floating away. Keep breathing in and out deeply. Close your eyes and think about where else your bubble could go. Can you blow it far away? Can you blow it to a friend? Imagine your bubble is returning to you. Open your mouth and catch it for next time. Repeat.

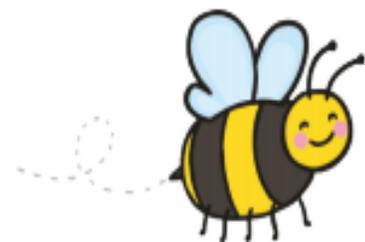


## Brain Break Breathing

### Bumble Bee Breaths

Open your hands out with the palms facing towards your face. Place your thumbs over your ears and your fingers over your eyes. Close your lips with your teeth slightly apart. Inhale deeply through the nose and breathe in. Count silently 1, 2, 3, 4, 5.

Exhale slowly through your mouth and make a humming sound like a bee. Count silently 1, 2, 3, 4, 5. Repeat.



Well done everybody! Have a lovely weekend 😊

